

Join Totally Psyched – Empowering Young Minds Through Holistic Care

We are seeking a dedicated and experienced **Occupational Therapist** to join our Takapuna-based team. This role is ideal for someone passionate about working with children and adolescents in a mental health setting, with a strong foundation in sensory integration and neurodevelopmental care.

Key Responsibilities:

- Conduct assessments and deliver interventions for children and adolescents experiencing mental health and neurodevelopmental challenges.
- Collaborate with families, schools, and other professionals to support functional and therapeutic outcomes.
- Provide sensory assessments and modulation therapy (experience in this area is essential).
- Participate in multidisciplinary case discussions and contribute to treatment planning.
- Deliver both individual and group-based therapy sessions.
- Support emotional regulation, sensory processing, and daily living skills development.

What You'll Bring

You are a compassionate, skilled, and collaborative practitioner who thrives in a team-focused environment. You bring a strengths-based approach to care and are committed to making a meaningful difference in the lives of young people and their families.

Essential Qualifications & Attributes:

- Current registration with the Occupational Therapy Board of New Zealand.
- Degree in Occupational Therapy
- Proven experience in sensory assessments and modulation work.
- Experience working with children and adolescents in mental health settings.
- Strong communication and teamwork skills.
- Interest or experience in neurodevelopmental presentations is highly desirable.

- Commitment to ongoing professional development and reflective practice.

What We Offer

At Totally Psyched, we believe in supporting our team so they can thrive professionally and personally.

You'll enjoy:

- Flexible working arrangements, including part-time options.
- Competitive salary based on experience.
- Access to modern therapy spaces and resources.
- Regular peer consultation and multidisciplinary team support.
- Professional development opportunities and supervision.
- A warm, inclusive, and innovative team culture.

Please note: This opportunity is open to New Zealand registered Occupational Therapists only.

Please send your application including resume and cover letter to practicemanager@psyched.org.nz