



Totally Psyched!

## Clinical Psychologist / Counselling Psychologist

### **Totally Psyched | Auckland (Takapuna)**

#### **Full-time or Contractor**

Totally Psyched is a dynamic, multidisciplinary mental health and neurodevelopmental practice where excellence, compassion, and innovation come together to transform lives. We're seeking Clinical Psychologists and Counselling Psychologists who are ready to make a meaningful impact, grow their skills, and be part of a team that truly values collaboration, integrity, and personal wellbeing.

#### **About the Role**

As a key member of our team, you will provide evidence-based psychological assessment and therapy to children, adolescents, and families (within your scope of practice), helping them overcome challenges and achieve meaningful change. You'll work alongside an experienced, multidisciplinary team, supported to focus on what matters most, delivering outstanding clinical outcomes, developing your expertise, and contributing to a practice that is shaping the future of mental health care.

At Totally Psyched, your work will matter. Your growth will be nurtured. And you'll be part of a culture where collaboration, innovation, and wellbeing aren't just words, they're the way we work every day.

#### **Key Responsibilities**

- Provide high-quality, ethical, and evidence-based psychological assessment and therapy
- Develop clear formulations and collaborative treatment plans aligned with client goals
- Deliver psychometric and neuropsychological assessments (within scope and training)
- Maintain accurate and timely clinical documentation using Cliniko
- Actively participate in weekly multidisciplinary team (MDT) meetings
- Work collaboratively with colleagues to support client safety and wellbeing
- Practice in accordance with NZ Psychologists Board ethical and professional standards

#### **What We Offer**

We genuinely invest in our clinicians and your sustainability at work.

- Your own clinical space in a modern, purpose-built practice.
- Heidi AI to significantly reduce time spent on treatment notes and reports
- Internal clinical supervision provided and paid for



- Weekly MDT meetings for shared learning, support, and collaboration
- Quarterly team days focused on connection, reflection, and development
- Professional Development allowance
- A supportive, well-established multidisciplinary team
- Full administrative and practice management support
- Ongoing caseload reviews and support from your Clinical Manager
- High-quality clinical software systems
- Flexible working arrangements where possible

### **About You**

You are a thoughtful, capable psychologist who values high standards of care and working in a positive team culture.

### **Essential Requirements**

- Postgraduate qualification in Clinical Psychology or Counselling Psychology
- Current registration and Annual Practising Certificate with the NZ Psychologists Board
- Experience working with clients experiencing psychological distress
- Commitment to ethical, evidence-based practice
- Strong communication and organisational skills

### **Desirable**

- Experience working with children, adolescents, and families
- Experience (or interest) in neurodevelopmental assessments
- Confidence working within a multidisciplinary setting

### **Why you will love working with us**

With over 10 years as a well-established and thriving practice, Totally Psyched is home to a strong team of dedicated clinicians who are passionate about doing great work and supporting one another. You'll be joining a collaborative, values-driven team that prioritises clinician wellbeing, high-quality client care, and a positive workplace culture where people genuinely enjoy coming to work.

### **Apply Now**

To apply, please submit your CV and a brief cover letter to Angela Spooner [practicemanager@psyched.org.nz](mailto:practicemanager@psyched.org.nz)

For further information, visit [www.totallypsyched.co.nz](http://www.totallypsyched.co.nz)